

Illumination

Belle Hann

I am beginning to value
myself like a medieval Book
of Hours I once declined to handle
Fearful even with white gloves
That I would damage
Those delicate pages
well-worn with
prayers for every hour.

My time, too, is now sacred,
No less fragile or illuminated

Belle Hann is a writer whose work has appeared in *Reader's Digest*, *Time Out New York* and *Buzzfeed*. She is a regular contributor to *The Westsider* newspaper.